



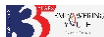
IEB LIFE ORIENTATION

Life Orientation has been defined in the national curriculum as a holistic study of the self, the self in society, an opportunity to develop the emotional side of young people, the citizenship aspects of life in South Africa, democracy and human rights. It is actually a whole conglomeration of many different things that contribute to life orientation, not forgetting the health side: lifestyle, healthy living and physical fitness.

This is a compulsory subject according to the IEB syllabus. The aim of this subject is to prepare well-rounded individuals with the necessary life skills needed to negotiate life and make educated decisions.

Life Orientation comprises of theory as well as Physical Education; such as physical wellness, individual and team sports.

This subject is a must have for every student that is preparing for life.



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We offer both Cambridge and IEB curriculum and examinations.

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